

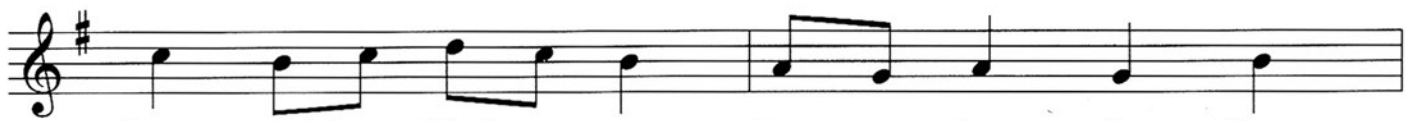
Again We Keep This Solemn Fast



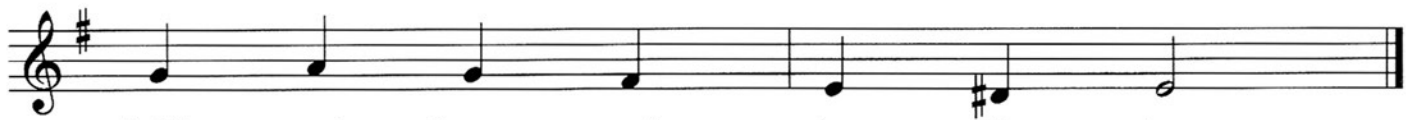
1. A - gain we keep this sol - emn fast A
2. The law and proph - ets from of old In
3. More spar - ing, there - fore, let us make The
4. Let us a - void each harm - ful way That
5. We pray, O bless - ed Three in One, Our



gift of faith from a - ges past, This
fig - ured ways this Lent fore - told, Which
words we speak, the food we take, Our
lures the care - less mind a - stray; By
God while end - less a - ges run, That



Lent which binds us lov - ing - ly To
Christ, all a - ges' Lord and Guide, In
sleep, our laugh - ter, ev - 'ry sense; Learn
watch - ful prayer our spir - its free From
this, our Lent of for - ty days, May



faith and hope and char - i - ty.
these last days has sanc - ti - fied.
peace through ho - ly pen - i - tence.
schem - ing of the En - e - my.
bring us growth and give you praise.